

EB-Digestives (Item #1005)

Natural, Plant-Derived Digestive Enhancement

Recommended Three Times Daily, With Each Meal

EB Digestive is a combination of four plant-derived digestive enzyme complexes, in addition we have added acidophilus and bifidus (probiotics). Probiotics (acidophilus and bifidus, friendly colon bacteria) are essential for maintaining proper pH balance in the colon and upper digestive system. This insures the daily "seeding" of the colon with beneficial bacteria that boosts the immune response, enhances digestion and balances the body's "acid/alkaline" ratios. Testing your pH daily with **pH Litmus Stix** (Item 2947) is an effective way to see if your body's pH is at optimum levels and is a reflection of your state of health.

What are Digestive Enzymes?

Enzymes are essential to food digestion because they break down food particles and absorb nutrients into the body. Fresh and raw fruits and vegetables are abundant in enzymes, however, cooked and processed foods lack the enzymes necessary for a healthful functioning body. Food that is not completely digested will, over time, contribute to a variety of health concerns such as:

- ✓ Food Allergies
- ✓ Bowel Malaise
- ✓ Obesity
- ✓ Immune System Diseases

What are the different enzyme complexes present in EB Digestives?

The four enzymes present in EB Digestives each serve a specific purpose:

- ✓ Amylase aids in the digestion of starches (carbohydrates).
- ✓ Protease aids in the digestion of proteins.
- ✓ Lipase aids in the digestion of fats.
- ✓ Cellulase aids in the digestion of fibers.

What are Probiotics, Acidophilus, and Bifidus?

Probiotics: friendly bacteria that inhibit the growth of harmful bacteria, increase immune system health and promote healthy digestion.

Acidophilus: a strain of probiotic bacteria that promotes intestinal health and protects against potentially harmful organisms.

Bifidus: a strain of probiotic bacteria that is important in immune response. It promotes colon health and pH balance in the colon. Bifidus is found in human breast milk and can help prevent many digestive disorders.

What is the recommended dosage of EB Digestives?

Most individuals take two EB Digestives with every meal. Up to four capsules may be taken with meals to aid in digestion. Many individuals also find benefit in taking three or four capsules at bedtime, which is a good time for the bifidus to balance the pH of the colon. As with any supplement, achieving the best results from EB Digestives may require a change in lifestyle. Maintaining a healthy diet, exercising the body and mind, limiting alcohol intake, avoiding cigarette smoke and taking supplements are just a few ways to improve overall health.

Ordering Information

EB Digestives (Item #1005) 90 Vegi-Capsules

Conveniently Order On-line at: <http://UniversalFormulas.com>

**Please DO NOT modify levels of any prescribed medication
without first consulting your physician.**

Required FDA Statement:

The FDA has not evaluated these statements. This product is not intended to diagnose or treat any disease nor is this information intended to prescribe or diagnose in any way. Those who are sick should see a doctor. Neither the authors nor the owner directly or indirectly dispense medical advice or prescribe the use of these products as a form of treatment. We assume no responsibility if you prescribe for yourself without your doctor's approval.

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