

Saw Palmetto Berries (Item #3018)

Male Health Elixir

The benefits of Saw Palmetto can be traced back centuries where the aborigines of Florida depended upon the berries as a staple food item and was included in the Indian medicine mans array of healing herbs. Saw palmetto is an American medicinal plant. It is a small woody member of the palm family that grows in South Eastern United States

Dosage: Take 2 vegi-capsule, 3 times daily or as directed by a qualified health professional

Ingredients Explained

Saw Palmetto – The berries of the American saw palmetto plant can increase urine flow, reduce inflammation, and relieve muscle spasms. Saw palmetto berries were a staple food among native Americans of the southeastern United States. They also used them to treat digestive problems and intestinal disease, and even to boost libido. Early in the 20th century, saw palmetto was listed in the US Pharmacopoeia as an effective remedy for bladder and urinary tract inflammation, breast disorders, bronchitis, laryngitis, and benign prostatic hyperplasia (BPH), a non-cancerous enlargement of the prostate gland.

Recent clinical research appears to have proven that Saw Palmetto extract is beneficial in BPH (benign prostatic hyperplasia). Its mechanism of action in the treatment of BPH is reported that Saw Palmetto inhibits the conversion of testosterone to DHT (Dihydrotestosterone), the agent thought to be responsible for the enlargement of the prostate. In addition Saw Palmetto extract inhibits the binding of DHT to receptors thus blocking its action. This may also aid in reducing the effect DHT has on hair loss as well.

Some of the possible benefits from taking Saw Palmetto include:

- Aids the digestive system, stimulates appetite and provides excellent nutrition
- Increases the size and secreting ability of the mammary glands
- Decreases ovarian and uterine irritability
- Relieves dysmenorrhea, improves ovarian dysfunction and various diseases of the reproductive apparatus; including symptoms of inflammation, blockage, and rupture
- Inhibits testosterone action on the prostate, thus is used widely for BPH treatment
- Prevents binding of DHT to androgen receptors, hence helps thwart hair loss
- Moderates androgen and estrogen receptor activity and helps with urinary flow
- Utilized to treat impotence, frigidity and also as an aphrodisiac
- Helps relieve chest congestion, asthma, bronchitis and coughing

Ordering Information

Saw Palmetto Berries (Item #3018) 100 Vegi-Capsules

Conveniently Order On-line at: <http://UniversalFormulas.com>

**Please DO NOT modify levels of any prescribed medication
without first consulting your physician.**

Required FDA Statement:

The FDA has not evaluated these statements. This product is not intended to diagnose or treat any disease nor is this information intended to prescribe or diagnose in any way. Those who are sick should see a doctor. Neither the authors nor the owner directly or indirectly dispense medical advice or prescribe the use of these products as a form of treatment. We assume no responsibility if you prescribe for yourself without your doctor's approval.

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