

# Immunity Protocol (#7911)

## An Immune Strengthening Protocol

UNIVERSAL FORMULAS

Enhancing Your Health Potential Since 1984

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### Products Included in the Protocol:

- Vitamin C (#5060): Complex antioxidants of Vitamin C and Bioflavonoids
  - Innergy (#4010): Formula of Immune Strengthening Herbs
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**Protocol Overview :** The purpose of this protocol is to strengthen the immune system against infections and bacteria. This Wellness Protocol brings together the traditional herbs, vitamins and minerals of our individual formulations to promote healthy immunity.

**Vitamin C** The 1:1 ratio of Vitamin C/Bioflavonoid complex was formulated for superior absorption. The whole food ingredients are 100% natural with the Vitamin C derived from pure ascorbic acid.

**Innergy** Is a combination of clinically proven herbs providing powerful nutrition for the immune system. Innergy is one of our most popular herbal combinations to effectively give your immune system a lift.

**Fulvic Infused™** Fulvic Infused™ is the exclusive trademark for Universal Formulas' products which are enhanced with Tracite™, a mineral rich concentrate containing 77 essential fulvic minerals, trace elements and electrolytes. The Immunity Protocol is Fulvic Infused™ to enrich the nutritional potency of the ingredients and provide optimal bioavailability.

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### Ingredient Information

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#### Vitamin C (#5060)

**Vitamin C:** Vitamin C is water soluble and is not produced by the body. It is an antioxidant which is essential in preventing cell damage and responsible for a number of functions in the body. It is required for the formation of collagen, which helps to maintain skin, teeth, gums, tendons and ligaments. Vitamin C aids to heal wounds quicker, strengthen the immune system and fight cancerous cells. It is required to form neurotransmitters such as dopamine in the brain and helps to reduce any damage to the body from toxic substances and chemicals.

**Bioflavonoid:** Bioflavonoids are naturally occurring in many bright colored fruits and vegetables. They are a strong antioxidant and offer many health benefits, including improving the absorption of vitamin C into the body.

#### Innergy (#4010)

**Echinacea:** Is a plant with antiseptic, anti-microbial, and anesthetic qualities; it equalizes body temperature, boosts the body's defenses by increasing the white blood cell count, and destroys the germs of infection. Echinacea was one of the most widely used plants in Europe in the 19th century for fevers, minor infections, typhoid, meningitis, malaria, and is still an excellent treatment for infectious diseases today.

**Bee Propolis:** Propolis is a resinous substance bees collect from tree buds. Its anti-bacterial properties have been used for colds, flu, sore throats, and skin problems. It promotes the healing of wounds and bruises, stomach ulcers, burns, hemorrhoids, and gum

## Ingredient Information

### Innergy (#4010) Continued

- Astragalus:** An herb used as a tonic for the lungs, blood, liver and kidneys. It helps to regulate fluid metabolism and those who take it regularly rarely suffer from fluid retention and bloating. Astragalus helps improve immune response, blood circulation, respiratory endurance, strengthening the arms and legs, as well as an energizer for outside the body, protecting it from environmental factors.
- Cat's Claw:** An herb with anti-carcinogenic, anti-tumor, antioxidant, astringent, anti-microbial properties. Its unique alkaloids enhance the immune system and appear to have a profound effect on the ability of white blood cells to engulf and digest harmful micro-organisms and foreign matter, enhance blood circulation and reduce the build-up of platelets in the arteries thereby preventing heart attacks and strokes.
- Coptis:** Is an herb that detoxifies, dries excess moisture from the system with anti-inflammatory anti-microbial, anti-dysenteric effects. In Chinese herbal medicine Coptis has been used for centuries to eliminate diarrhea, abdominal cramps, canker sores, skin sores, scabies and as a general blood purifier. In western countries the main use has been as a wash or gargle for sores and ulcerations of the mouth, throat and stomach.
- Schizandra:** Used also to drive out excess mucous, beautify and protect the skin, purifies the blood, has pain relieving properties, drives out shoulder and neck tension, calms anger and protects the lungs. China, Schizandra is best known for its ability to relieve sexual fatigue, increase seminal and vaginal fluid and increased the staying power in men.
- Eucalyptus:** Clears fever and detoxifies, stops coughing, used and as expectorant to resolve sputum. Herbalists have used eucalyptus to treat colds, flu, bronchitis, chronic boils, cough & lung diseases, sore throat and as remedy for parasites of the bowel. It can also be used for a vapor bath for asthma and other respiratory difficulties.

## Dosage Instructions

**Vitamin C:** The recommended dosage is 1-3 tablets daily. Vitamin C is non-toxic and your body will tell you when you have taken enough. If you experience soft stools or diarrhea it is a sign your body has reached the bowel tolerance for Vitamin C. If this occurs it is recommended to cut back to one fourth of that dosage for continued usage. Since Vitamin C is water soluble it may interfere with the absorption of the Vitamin E in the body, so is recommended to take Vitamin C and E at separate times.

**Innergy:** Take 1-6 vegi-capsules daily. If you have ongoing immune system concerns, speak with a qualified health care professional, as this may be a serious health concern. Drugs that suppress the immune system are used to prevent organ rejection after transplant and to control the symptoms of autoimmune diseases such as rheumatoid arthritis, lupus, and type 1 diabetes, and other autoimmune diseases. **Herbs that stimulate the immune system may counteract these medications. If you are taking immunosuppressant drugs** such as Cyclosporine, Azathioprine, Corticosteroids such as prednisone or Methotrexate **do not take Innergy.**

**DO NOT** modify levels of any prescribed medication without first consulting your physician

**DO NOT** administer this product to a child who is less than six years of age without first consulting your physician

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Order the Immunity Protocol (item #7911) @ [universalformulas.com](http://universalformulas.com) or 800.342.6960

#### Required FDA Statement:

The FDA has not evaluated these statements. This product is not intended to diagnose or treat any disease nor is this information intended to prescribe or diagnose in any way. Those who are sick should see a doctor. Neither the authors nor the owner directly or indirectly dispense medical advice or prescribe the use of these products as a form of treatment. We assume no responsibility if you prescribe for yourself without your doctor's approval.